

# Kentucky Employees Health Plan



# Chronic Conditions

- Commonalities
  - High rates of chronic conditions
    - Importance of care/disease management across spectrum
    - Disruption of care/disease management program
    - Availability of care/disease management programs across spectrum

# Chronic Conditions

- Chronic Conditions as a percent of all conditions (Medical Claims from Calendar Year 2006)
  - KEHP total – 13.79% (\$102 million)
    - KRS pre-65 retirees – 17.43%
    - KTRS pre-65 retirees – 15.03%
  - Top Clinical Conditions
    - Coronary Artery Disease
    - Respiratory Disorders
    - Gastrointestinal Disorders
    - Spinal/Back Disorders

# Pharmacy

- Commonalities
  - High rates of chronic conditions
  - Consistency in pharmaceuticals utilized

# Top Drugs by System

KEHP	Description	KTRS	Description	KRS	Description
Nexium	Proton Pump Inhibitor	Nexium	Proton Pump Inhibitor	Lipitor	Lipid Cholesterol Lowering
Zocor	Lipid Cholesterol Lowering	Lipitor	Lipid Cholesterol Lowering	Prevacid	Proton Pump Inhibitor
Singulair	Asthma Allergy	Zocor	Lipid Cholesterol Lowering	Plavix	Anti-platelet
Prevacid	Proton Pump Inhibitor	Fosamax	Osteoporosis	Actos	Diabetes Mgmt
Embrel	Rheumatoid Arthritis	Plavix	Anti-platelet	Avandia	Diabetes Mgmt

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